



SPECIAL ALERT FROM DR. CONNEALY

Take control of your menopause symptoms naturally!

Say goodbye to night sweats, hot flashes, and mood swings

All-natural, doctor-formulated menopause solution helps you stay cool, calm, and in control—all day, every day

Dear friend,

As I'm sure you know, starting as early as your 40s, your body starts undergoing some changes.

And although this couldn't be a more natural process, the symptoms can be pretty uncomfortable—and for some women, they're downright unbearable.

I've been there myself—some days it's hard to believe that what you're experiencing is completely normal.

Symptoms range from night sweats and hot flashes to heart palpitations, tremors, painful indigestion, and uncontrollable mood swings.

Many women lose interest in sex, or vaginal dryness makes sex too painful or uncomfortable.

Sometimes symptoms come on gradually; for other women, it's virtually overnight.

Some women only experience a handful of symptoms, while some women have such a hard time, they run to the doctor thinking they've contracted some kind of awful disease!

In fact, one woman said, "I couldn't believe that anyone could feel like I did and not be dying."

She was actually in perfect health, but as a woman in her mid-50s, menopause was making daily life painful, awkward, and emotional all at once!

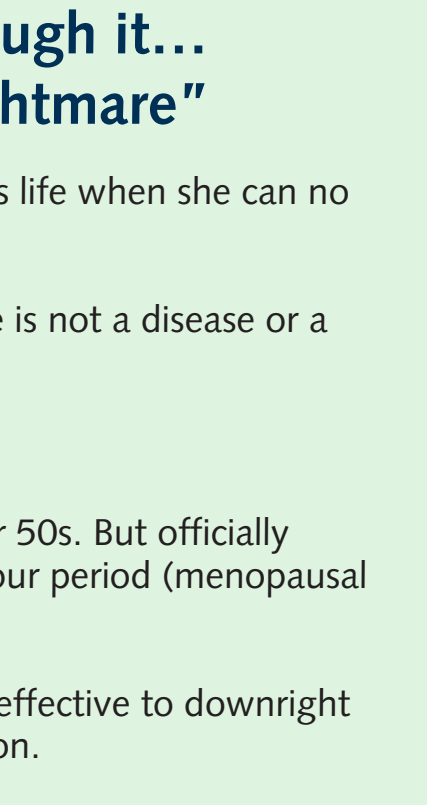
Every woman's menopause experience is different...but whether your symptoms are mild or downright debilitating, I have some very exciting news for you.

Finally, there's a safe, completely natural, and effective, doctor-formulated solution to help you take control of your menopause symptoms and...

- Say goodbye to night-sweats
- Cool those uncomfortable hot flashes
- Balance your mood
- Enjoy a peaceful, positive outlook
- Get a restful and recharging night's sleep
- Promote a healthy libido and a fulfilling sex life

Sleep through the night in perfect comfort. Rest, recharge, and enjoy your day without that heavy brain fog that comes with restless tossing, turning, and discomfort.

PLUS, this breakthrough in nutritional science goes to work "behind the scenes", supporting healthy cholesterol levels, promoting strong bones, and maintaining healthy breasts.



Every woman will eventually go through it... but it doesn't have to be such a "nightmare"

Menopause is the "dirty word" we use to describe the time in a woman's life when she can no longer have children.

And although the symptoms might make you feel otherwise, menopause is not a disease or a medical condition.

In fact, it's as natural and universal as sleeping and eating.

For some women it starts as early as their 30s...for others, as late as their 50s. But officially menopause begins once you've gone a full 12 months without having your period (menopausal symptoms prior to this point are considered perimenopause).

The mainstream has their fair share of remedies...but they range from ineffective to downright dangerous. And, for decades, mainstream medicine was your *only* solution.

Many approaches require constant follow-up and health monitoring. And they can come with a cocktail of antidepressants, anti-seizure, and blood pressure medications.

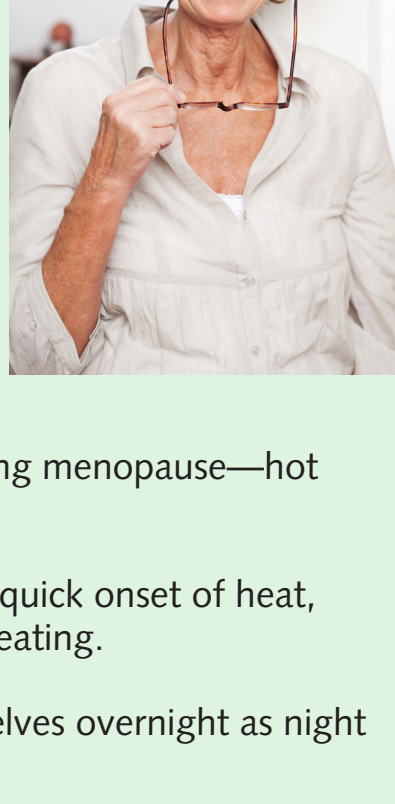
Some of them are actually made from horse urine!

That's why I decided it was high time women like us had access to a real solution—a safe, natural solution that works

So I combined THREE of Nature's most powerful and effective nutrients into one unique formula.

Each ingredient comes with its own set of targeted benefits. But combined they create a synergy that's not only safe and effective, but it's guaranteed to...

- Cool your hot flashes and night sweats
- Smooth out mood swings and balance your mind
- Help you get a restful night's sleep
- Promote healthy cholesterol levels
- Support long-term bone strength
- Even help maintain healthy breasts



Of course, creating one comprehensive approach that addresses all of your menopause symptoms was no easy task.

So I started by addressing one of the biggest complaints women have during menopause—hot flashes and night sweats.

A full 75%-85% of menopausal women get them. They're marked by the quick onset of heat, usually in the face, sometimes accompanied by a red, flushed face, and sweating.

They can happen periodically through the day, or they may present themselves overnight as night sweats.

One woman told me, "I swear it was like I had stuck my finger into an electrical socket. They were awful...I get them at least 4 times an hour...maybe more."

Another reported, "In my 40s, I started getting night sweats. Drenching sweats where everything that I was wearing including the bedding was soaked! Then, in my 50s, in addition to night sweats, I had day sweats too!"

They can come and go without warning for up to five years—sometimes longer.

That's why the key ingredient in this powerful, natural solution is black cohosh.

Just about every woman over 50 has at least *heard* of black cohosh—it's old news.

BUT IT WORKS!

In a double-blind, placebo-controlled study, black cohosh worked wonders for reducing hot flashes in just a few short weeks...**without a single reported side effect!**

In fact, of the 10 symptoms measured, black cohosh offered lasting improvement on four of them (more on this later), but it had the most profound effect on hot flashes.

How's that for some fast relief and peace of mind?

But, as effective as it is, black cohosh alone falls flat.

It's just not enough to give you the total peace, comfort, and quality of mind you're craving.

That's why I've combined black cohosh with a powerful Thai plant called *Pueraria mirifica*. I know that's a mouthful, so we'll just call it PM for short.

The root of this exotic plant has been used for centuries as a "fountain of youth" for both men and women.

But recent studies show that, when it comes to tackling the most common complaint among menopausal women, PM gets the job done.

So, when combined with black cohosh, you can be sure you're getting the best solution that nature has to offer.

And it *still* gets better. Because I've also included a unique compound that, like black cohosh, can...

Cut your hot flashes by up to 88% in just four weeks

In a recent study, a waxy plant compound, called HMR Lignans, reduced the number of severe hot flashes by up to 88% and the number of *total* hot flashes by 44%, in just four weeks.

And like black cohosh and PM, HMR Lignans delivers these exciting benefits without a single reported negative side effect.

However, because HMR Lignans acts like natural estrogen in your body, it has some really exciting "side benefits" like its ability to support healthy cholesterol—a key concern for menopausal women.

Combined, these three super-nutrients create a brand new formula called *Advanced Menopause Solution*

I've harnessed the potent, natural powers of black cohosh, *Pueraria mirifica* (PM), and HMR Lignans into one, comprehensive solution to address all of the challenges presented by menopause.

Black cohosh grows throughout the eastern U.S. It's been in the U.S. Pharmacopoeia since 1830 and has a long history of traditional Native American use for a number of gynecological concerns.

Pueraria mirifica grows primarily deep within the forests of northern Thailand, where it was long reputed to be a "fountain of youth" for both men and women.

HMR Lignans is a naturally occurring plant compound, extracted from the Norway spruce, that acts like natural estrogen in the body and is far more bioavailable than other plant lignans.

Combined, these three nutrient superstars deliver everything you need to take on menopause and win without the risky side effects!

And, because menopause is so much more than hot flashes and night sweats, I wanted to ensure that you...

Other solutions that can help ease the symptoms:

- Exercise
- Stop smoking
- Get more sleep and try going to sleep and waking up at the same time each day
- Drink less alcohol
- Get to a healthy weight and stay there
- Get enough calcium in your diet
- Ask your doctor if you should take a multivitamin

Feel calm, cool, and in control—all day, every day

As women, we're often accused of being moody. And perhaps sometimes we are. But once we land in this menopausal period of life, boy, can things feel out of whack.

One woman said, "I had severe anxiety, crying every day for months. I was unable to sleep, I had depression, feelings of doom and gloom. I was scared of everything and didn't want to be around people...the list goes on."

Another woman reported, "They tell me I'm in good health. My brain looks perfect, my heart is healthy and I should keep doing what I'm doing because it's good. Then why all the anxiety...the shakiness...the restless sleep and morning exhaustion? I go from feeling somewhat normal for a day to stressing that [my doctor] missed something, and I'm really very sick."

Some women also report the pressure these symptoms can have on their relationships—creating tension and argument with a spouse, kids, coworkers, and friends.

Hopefully your experience isn't quite so severe... but even if it is, finally you can breathe easy

Because *Advanced Menopause Solution* is just the solution you've been looking for to help:

- **Reduce feelings of stress and anxiety** so you can enjoy a night out, a visit with your family, even just a few hours in front of a good book
- **Balance your mood and put you back in control**—laughing when life is funny, crying when life's sad, and enjoying everything in between
- **Ensure you can "switch off" your mind** for a restful and recharging night's sleep—all night, every night

Once again black cohosh and PM come to the rescue.

In placebo-controlled studies, black cohosh was a winner across the board for helping to ease feelings of nervousness, anxiety, and irritability.

And it beat the pants off today's most common mainstream solutions.

PM showed just as much promise...and, unlike many of today's mainstream solutions, neither black cohosh nor PM come with the fear of negative side effects.

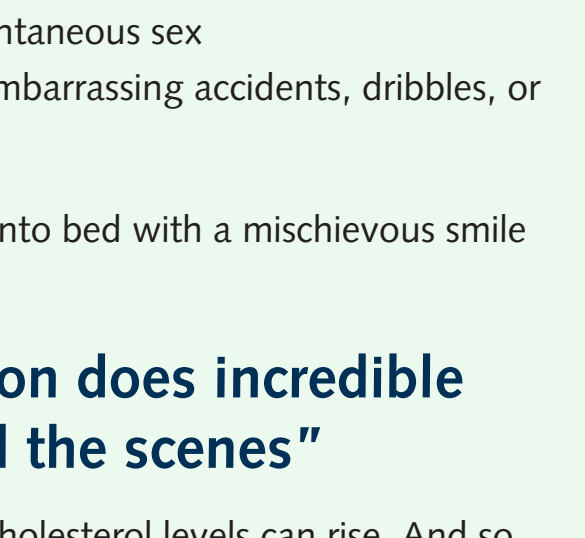
So there's one less thing you need to worry about.

**And here's another big win for YOU!
 Ignite your sex drive and enjoy comfortable, fulfilling sex!**

One of Nature's cruel jokes, as we get beyond our reproductive years, is to send our sex drive into the ground.

It's caused by our natural drops in estrogen...and along with it comes a diminished sex drive, vaginal dryness, and embarrassing urinary problems.

But my wonder trio of natural superstars—black cohosh, PM, and HMR Lignans—can help transform your sex life for the best!



- Balancing hormone levels and reigniting your sex drive
- Restoring your natural lubrication for comfortable, spontaneous sex
- Promoting healthy urinary function—without fear of embarrassing accidents, dribbles, or wet spots

Just imagine the look on your husband's face when you climb into bed with a mischievous smile and a sparkle in your eye!

Plus, *Advanced Menopause Solution* does incredible things for your body "behind the scenes"

As your estrogen levels drop, a natural aspect of menopause, cholesterol levels can rise. And so does your risk of poor bone health.

That's why staying on top of these two aspects of wellness couldn't be more important during, and after, our menopausal years.

But you can rest assured that *Advanced Menopause Solution* has you covered!

In a placebo-controlled study, PM was a cholesterol superstar—raising healthy HDL cholesterol by 34%, lowering unhealthy LDL by 17% and improving the overall ratio of HDL to LDL.

And in the same study, PM had "an estrogen-like effect" on bone health, increasing important markers of bone strength and new bone cell growth.

Black cohosh showed similar bone-protecting effects when compared to conjugated estrogens...but without any of unwanted side effects or potential dangers.

Of course, each daily dosage of *Advanced Menopause Solution* offers plenty of PM and black cohosh....

That means you're getting TWICE the support in the bone-protection department

But, I think one of the most exciting "behind the scenes" benefits is how *Advanced Menopause Solution* can help ensure healthy breasts.

I can't go into too much detail right here, but as I'm sure you're aware, breast health in aging women is a major concern.

Well, have no fear because, *several* studies show that menopausal women with the highest intake of HMR Lignans showed the highest probability of maintaining healthy breasts.

Can you say a day pack enough nutrient punch to help:

- Cool those night sweats so you can sleep soundly
- Reduce hot flashes by up to 88%, ensuring confident comfort
- Balance mood swings, anxiety and irritability—putting you back in control
- Restore your sexual appetite and promote spontaneous, comfortable intercourse
- Promote healthy cholesterol levels for enhanced heart health
- Ensure strong, healthy bones for an active, independent lifestyle
- Protect overall breast health—a key concern as women age

But you don't have to take my word for it....

Try *Advanced Menopause Solution* for a FULL YEAR absolutely risk-free

I'd hate to waste my money on a product that doesn't live up to my expectations...and we're in this together. So you can be sure your satisfaction is my number one concern.

That's why I'm going to cut out all the worry and any reservations you might have about giving *Advanced Menopause Solution* a try.

Order your risk-free supply today and use it for as long as you like.

- ✓ If you don't feel more calm and in control...
- ✓ If you're not sleeping soundly through the night...
- ✓ If you don't see a marked improvement in hot flashes and night sweats...
- ✓ If you're not enjoying an active, fulfilling sex life...
- ✓ If your doctor's not happy with your cholesterol levels...

If you're not 100% delighted at any time or for any reason, just send back any unused portion, within the next year (that's right—you have a full year) and we'll issue a full refund (less shipping), no questions asked.

Why wait? Take control of menopause—stay cool, focused, and in control every day

Advanced Menopause Solution has everything you need to feel your best, every day, from morning until night.

Soothing away hot flashes and night sweats...calming anxiety, balancing mood swings and helping you feel clear-headed and in control...reigniting your sexual appetite for a fulfilling sex life...and so much more.

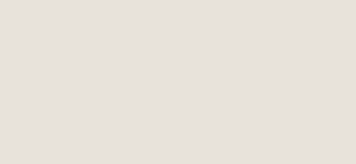
So why wait? Your satisfaction is 100% guaranteed! Order your risk-free supply of *Advanced Menopause Solution* today.

Thrive in health and wellness,

Leigh Erin

Leigh Erin Connealy, M.D.

P.S. Menopause is as natural a process as puberty...yet, for most women, menopause doesn't *feel* natural at all. But *Advanced Menopause Solution* can help put you back in control—easing night sweats and hot flashes...balancing mood swings...restoring sexual appetite...even promoting bone strength, balanced cholesterol levels and healthy breasts. But don't take my word for it. Try it for yourself, absolutely risk-free. Order *Advanced Menopause Solution* today and try it for a full year. If you aren't 100% delighted, it's free—you risk nothing. So why wait another moment? Order now!



**Newport Natural Health
 Advanced Menopause Solution**

Starting as early as your 40s, your body starts undergoing some changes. And although this couldn't be a more natural process, the symptoms can be pretty uncomfortable—and for some women, they're downright unbearable.

Finally there's a safe, natural and effective, doctor-formulated solution to help you:

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- Cool those uncomfortable hot flashes
- Balance your mood
- Enjoy a peaceful, positive outlook
- Get a restful and recharging night's sleep
- Promote a healthy libido and a fulfilling sex life

Advanced Menopause Solution has everything you need to feel your best, every day, from morning until night. So why wait? Your satisfaction is 100% guaranteed!

***Advanced Menopause Solution* 60 Capsules (30-day supply)..... \$24.99**

TO ORDER BY PHONE, CALL: 800-634-0905

Newport Natural Health, 121 N Shirk Rd, New Holland, PA 17557

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