

• **FIRST EVER SAVINGS ISSUE!** •

Try Something New and...

**Save
\$10**

Best-Selling Supplements Plus
BRAND NEW Health & Beauty
Breakthroughs Inside!

Protects your heart and

Recent studies identified a unique nutrient that can protect your blood vessels, improve circulation, and fight the effects of aging.

Backed by Harvard research, this nutrient is called resveratrol. It's a powerful polyphenol antioxidant found most notably in the skin of red grapes. And resVida® resveratrol, the only pure form of resveratrol backed by human clinical trials, is the cornerstone to my number one recommended heart health formula, **Omega Q Plus® with Resveratrol!**

I formulated the original **Omega Q Plus®** supplement more than five years ago to create a comprehensive heart health solution that could:

- Accelerate your energy
- Boost “good” cholesterol
- Support healthy triglycerides
- Improve circulation
- Promote a healthy immune system
- Optimize your brain power
- Reduce inflammation
- And more...

Of course, resveratrol is only the beginning of the story. **Omega Q Plus with Resveratrol** also delivers Calamarine® omega-3 oil offering more DHA than ordinary fish oil. DHA is the omega-3 fatty acid that works the hardest to improve your blood pressure, blood vessel health, and



Dr. Stephen Sinatra



Dr. David Williams



Dr. Aaron Tabor



Dr. Joseph Pergolizzi



Dr. Susan Lark



Dr. Richard Wurtman

fighters premature aging!

circulation, while also supporting your brain, nerves, eyes, and colon.

Then I partnered Calamarine omega-3 oil with Hydro Q-Sorb® CoQ10. Often called the “miracle nutrient,” this highly absorbable form of CoQ10 fuels your cells and boosts your energy while hunting and destroying free radicals that can damage your heart and your overall well-being.

With additional nutrients for energy, heart protection and more, for a long time **Omega Q Plus** was my top recommendation for anyone who takes their heart health seriously.

So when I read the Harvard studies on the anti-aging power of resveratrol—when I saw studies confirming improvements in circulation—I knew I had found a truly remarkable improvement to

Omega Q Plus.

And you can be sure that **Omega Q Plus with Resveratrol** is held to the highest standards of purity, potency, and effectiveness.

So, protect your heart, put the brakes on aging, and feel your absolute best—**order Omega Q Plus with Resveratrol today!**

Omega Q Plus® with Resveratrol	ITEM #	REG PRICE	YOUR PRICE
Single Bottle	YEA10	-----	\$39.99
Buy 3 Get 1 FREE!* You Save \$39.99	YEA40	\$159.96	\$119.97

* You'll receive 1 bottle with 180 softgels, 1 bottle with 60 softgels

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491

“**Omega Q Plus with Resveratrol** is the most comprehensive solution to top-notch heart protection and clinically proven anti-aging nutrition.”

– Dr. Stephen Sinatra



KEY INGREDIENTS

Calamarine® Oil Concentrate (from squid)	1,250 mg
DHA (decosahexaenoic acid) ¹	350 mg
EPA (eicosapentaenoic acid) ¹	150 mg
Hydro Q-Sorb® Coenzyme Q10 (as ubiquinone)	50 mg
resVida Trans® Resveratrol	30 mg

¹ as ethyl esters

For additional supplement information, please visit www.healthydirections.com

USAGE RECOMMENDATION:

Take 2 softgels once daily with a meal. For added support, take 2 softgels twice daily with a meal.

¹Calamarine® is a registered trademark of Pharma Marine AS. Hydro

Q-Sorb® and Omega Q Plus® are registered of Teschco Corp.

²resVida is a registered trademark of DSM Nutritional Products, Inc.

Get the cholesterol results that matter!

“It’s far more important to focus on the ratios of these lipids, with high HDL, low non-oxidized LDL, and normal triglycerides.”

– Dr. Stephen Sinatra

This cardiologist-developed solution helps ensure balanced, healthy cholesterol ratios.

Optimal cardiovascular health has very little to do with total cholesterol. It’s far more important to focus on the ratios—high HDL, low LDL, and normal triglycerides.

And **Advanced Cholesterol Solutions** features a breakthrough ingredient called Bergamonte® clinically proven to promote these healthy cholesterol ratios safely and naturally.

SUPPLEMENT FACTS

Vitamin C (as ascorbic acid)	50 mg
Bergamonte® Citrus	500 mg
Bergamia rissoPolyphenolic Extract (from peel, 30% flavanone comprise of Neohesperidin, Naringin, and Neohesperidin, 1% Melittidine, 2% Bruteridine)	
Tocotrienol and Tocopherol Complex (from palm fruit)	10 mg

Other ingredients: Gelatin, magnesium stearate

USAGE RECOMMENDATION:

Take 1 capsule daily, preferably before a meal. For extra support to maintain healthy cholesterol levels, take 2 capsules once daily.

Bergamonte® is a registered trademark of HP Ingredients

WARNING: Do not use this product if you are on a statin drug. Pregnant or lactating women should consult a health care professional before taking this product.

Clinically studied effect on:	Bergamonte Dosage	
	500 mg	1,000 mg
LDL Cholesterol	-24.1%	-36.0%
Total Cholesterol	-21.8 %	-30.9%
HDL Cholesterol	+22.3%	+40.1%
Triglycerides	-29.9%	-38.8%
Blood Sugar	-18.9%	-22.4%

It also offers added antioxidant support from vitamin C and two important forms of vitamin E, to help prevent cholesterol oxidation.

So put **Advanced Cholesterol Solutions** to work today and try it risk-free for 90 days. If your doctor isn’t impressed with your cholesterol numbers at your next visit—simply send it back for a full refund. **Order now!**



Advanced Cholesterol Solutions	ITEM #	REG PRICE	YOUR PRICE
Single Bottle	CHS10	-----	\$39.99
Buy 3 Get 1 FREE! You Save \$39.99	CHS40	\$159.96	\$119.97

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491

Powerful NEW formula relieves joint pain starting in as little as 5 days

Tackle joint pain and stiffness head on—rebuild joints and cool inflammation FAST!

It's the first and only joint supplement to combine new clinically researched **AprèsFlex®**, **NEM®** eggshell membrane, and glucosamine, along with a proprietary blend of herbs and enzymes to provide extra-strength joint pain relief and reduce inflammation.

Joint CPR™ Advanced Relief goes to work starting in as little as 5 days to help:

- Relieve joint pain and stiffness
- Reduce painful inflammation
- Rebuild healthy joints
- Enhance mobility and flexibility

In fact, clinical studies showed that subjects taking AprèsFlex alone saw a 40% reduction in pain, a 38.8% improvement in functional ability, and a 41.3% improvement in stiffness. And this cutting-edge formula delivers so many other natural joint healers!

Joint CPR Advanced Relief targets inflammation, aches and pains, lack of flexibility and mobility, healthy cartilage, and more. Nothing comes close for better, faster, longer-lasting relief.

Joint CPR™ Advanced Relief	ITEM #	REG PRICE	YOUR PRICE
Single Bottle	CPR10	-----	\$39.99
Buy 3 Get 1 FREE! You Save \$39.99	CPR42	\$159.96	\$119.97

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491

*“I traveled over 100,000 miles across the globe to bring you the greatest joint-healing secrets and I put them together in **Joint CPR™ Advanced Relief.**”*

– Dr. David Williams

KEY INGREDIENTS

Glucosamine Sulfate (from chitin)	1,500 mg
NEM® Eggshell Membrane ¹	500 mg
HerbaZyme™ Soothing Blend	400 mg
AprèsFlex® Boswell serrata Extract ² (gum resin)	100 mg
Bovine Cartilage	100 mg

Contains: Shellfish (shrimp, crab), egg

For additional supplement information, please visit www.healthdirections.com

USAGE RECOMMENDATION:

Adults take 4 tablets daily, 2 with breakfast and 2 with lunch or dinner.

¹**NEM** is a registered trademark of ESM Technologies, LLC.

²**AprèsFlex** is a registered trademark of Laila Nutraceuticals exclusively licensed to PL Thomas—Laila Nutra LLC. International patents pending.



Redefine your concept of aging

“My research team pulled nature’s most potent anti-aging nutrients from the sea, the Earth, and the sun. For a 3-pronged solution so powerful, I recommend it to every one of my patients, and I take it every day.”

– Dr. Stephen Sinatra

SUPPLEMENT FACTS

Vitamin D (as cholecalciferol) 600 IU
 Iodine 12 mcg
 Brown Seaweed
 (Ecklonia cava) Extract† 600 mg
 Trans Resveratrol‡ 30 mg

USAGE RECOMMENDATION:
 Take 2 capsules once daily.

Seanol® is a registered trademark of Simply Healthy LLC.
 resVida® is a registered trademark of DSM Nutritional Products, Inc.

Cutting-edge nutrient delivers up to 100 times the power of other antioxidants

Slowing the aging process while helping to ensure you feel young, vibrant, and energized. **Seanol® Longevity Plus** goes to work from day one with:

1 The ancient secret that helps you feel younger with each passing day! Seanol packs 100 times the anti-aging power of green tea, helping to ensure you feel younger, healthier, and more energized every single day.

2 Switch on your “longevity gene” and revitalize your youth span. In 2003, Harvard University researchers proved that resveratrol activates a gene called sirtuin—extending not only your lifespan, but your youth span. And you’ll get the **ONLY** pure form of resveratrol backed by successful human clinical trials.

3 Feel like every day is a warm, sunny spring afternoon. Beyond bone health, vitamin D plays an important role in maintaining a healthy, balanced mood. With added protection against the age-promoting ravages of free-radical damage for your heart, cells, and immune system.

So why wait? Put Seanol Longevity Plus to work today—feel younger and protect your heart!



Seanol® Longevity Plus	ITEM #	REG PRICE	YOUR PRICE
Single Bottle	ESL10	-----	\$29.99
Buy 3 Get 1 FREE! You Save \$29.99	ESL40	\$149.96	\$89.97

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491

Ensure a lifetime of sharp, focused, healthy vision & independence

*You only have one set of eyes...and my **Vision Advantage**® formula provides comprehensive support to ensure a lifetime of...*

- Sharp, clear vision
- Healthy retinas, corneas, and lenses
- Healthy circulation to every part of your eye
- Reduced eyestrain and fatigue

Vision Advantage with Hachimijogon, starts with a proprietary blend of 8 herbs and nutrients used in Chinese medicine for centuries.

Now backed by modern science, it has the power and potency to protect your lenses and your optic nerve from free-radical damage while boosting blood flow to the tiniest vessels throughout your eye.

You'll also get the full researched dose of Astaxanthin, shown to strengthen your iris muscle and help reduce eye fatigue.

But **Vision Advantage** doesn't end there. It's packed with "natural sunglasses"—a broad array of eye-protecting nutrients your eyes crave to stay sharp and focused while avoiding strain, fatigue, and UV damage.

Protect your precious eyesight.

Try **Vision Advantage** risk-free today!

Vision Advantage ®	ITEM #	REG PRICE	YOUR PRICE
Single Bottle	VAD10	-----	\$39.99
Buy 3 Get 1 FREE! You Save \$39.99	VAD40	\$159.96	\$119.97

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491

“The human eye requires targeted nutrition to support healthy tissue and clear vision. My **Vision Advantage** formula provides comprehensive support to every part of your eye.”

– Dr. David Williams

KEY INGREDIENTS

Vitamin A (as mixed carotenoids)	10,000 IU
Hachimijogon Proprietary Blend	100 mg
Astragalus (root), Asiatic Dogwood (fruit), Chinese Yam (root), Mountain Peony (root bark), Polyporus Mushroom, Rehmannia (root), Alisma (root), Schisandra (fruit)	
Triphala Complex	50 mg
Lutein (from marigold flower)	10 mg
Astaxanthin (from algae)	6 mg
Zeaxanthin (from marigold)	2 mg

For additional supplement information, please visit www.healthydirections.com

USAGE RECOMMENDATION:

Take 3 capsules once daily with a meal.



Conquer the top signs of aging in as little as 3 days!

“All of my products are guaranteed to be free of skin-damaging toxins and harmful chemicals.”

– Dr. Aaron Tabor



Imagine wrinkles, dryness, sagging—gone in just 3 days.

My **Dramatic Rescue Anti-Aging Wrinkle Serum™** features the highest concentration of Neurocellular Core-T Complex, a proprietary blend of 8 potent nutrients proven to nourish and rejuvenate skin.

These breakthrough ingredients penetrate deeply and completely boosting your skin’s natural collagen fiber network, promoting cellular regeneration, and addressing the top signs of aging—wrinkles, dryness, and sagging.

Take a look at this astonishing before-and-after photo proof!



ACTUAL UNRETOUCHED PHOTOS. INDIVIDUAL RESULTS MAY VARY.



So banish the top signs of aging for good! Put **Dramatic Rescue Anti-Aging Wrinkle Serum** to the test and order your risk-free supply today!

Dramatic Rescue™	ITEM #	REG PRICE	INTRO PRICE
Single Bottle	YTJ10	\$69.99	\$49.99
Two Bottles You Save \$50.00	YTJ20	\$139.98	\$89.98

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491

Wake up to softer, youthful, more radiant skin

Fine lines, wrinkles, age spots, and more—these signs of aging come from a lifetime of exposure to sun, wind, smoke, pollution, and harsh chemicals.

But just a few drops of **Trilane**® can smooth away a lifetime of aging in as little as 5 hours.

Light, non-greasy, and effective for all types of skin, **Trilane** goes to work quickly:

- Visibly reducing fine lines and wrinkles
- Firming and toning skin
- Softening your skin for a luxuriously silky feel
- Deeply nourishing and hydrating your skin
- Soothing dry, sensitive skin

So powerful and effective, **Trilane** can create a healthy, radiant complexion...in as little as 5 hours!

Smooth away years of aging and reclaim supple, youthful skin. Order **Trilane** today!



Dry skin encourages wrinkles



Soft, moist skin smoothes the look of wrinkles

Trilane® Anti-Aging Moisturizer with Squalane	LAVENDER SCENT ITEM #	FRAGRANCE FREE ITEM #	REG PRICE	YOUR PRICE
Single Bottle	ZKM10	ZKM11	-----	\$39.99
Two Bottles You Save \$20.00	ZKM20	ZKM21	\$79.98	\$59.98

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491

“ Fresh, firm, younger-looking skin has never been easier to achieve. Whether you’re 34 or 74, **Trilane** delivers powerful, natural, anti-aging protection!”

— Dr. Susan Lark

- Use it on your lips as a base for lipstick or for softening shine
- Rub it into dry cuticles and hands for healing relief
- Use it as a primer to make foundation glide on easily and look more natural
- Dab it on cheeks after applying blush for a natural, youthful look

Lavender
or
Fragrance
FREE



Take inches off your waist and help cut your heart health risks!

“ I have developed a groundbreaking weight loss formula that’s completely safe to take with most heart meds, to help conquer the toughest roadblocks to successful weight loss. ”

– Dr. Stephen Sinatra

SUPPLEMENT FACTS

Calamarine [®] Oil Concentrate (from squid)	500 mg
DHA (docosahexaenoic acid)♦	140 mg
EPA (eicosapentaenoic acid)♦	60 mg
GreenSelect [®] Phytosome	300 mg
Phosphatidylcholine (from soy)	
Green Tea Extract (leaf, decaffeinated)	
GlucoHelp [®] Banaba Extract (leaf)	3 mg
♦As ethyl esters	Contains soy.

USAGE RECOMMENDATION:

Take 1 softgel twice daily with a meal.

¹GlucioHelp[®] is a registered trademark of Soft Gel Technologies, Inc.

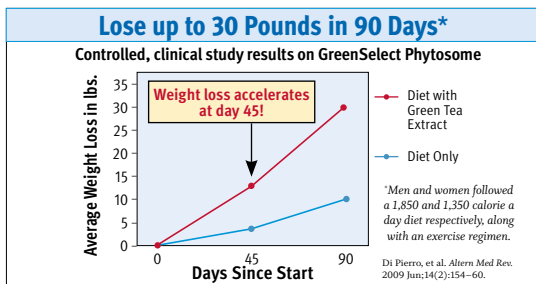
²Calamarine[®] is a registered trademark of Pharma Marine AS.

³GreenSelect[®] is a registered trademark of Indena S.p.A.



Losing weight just got so much faster, safer, and EASIER than ever!

In clinical studies, **Omega-3 SLIM™** helped test subjects TRIPLE their weight loss efforts—shedding an average of 30 pounds in just 90 days.



That means **Omega-3 SLIM** can provide the natural jump-start you need to:

- Burn calories up to three times faster
- Reduce body fat and maintain lean muscle
- Balance blood sugar and stop munchies
- Maintain energy levels throughout the day
- Promote optimal heart health

And because I’m a cardiologist, you can be sure this all-natural formula is stimulant-free and safe to use with most heart medications.

Losing weight doesn’t have to be a chore.

Put **Omega-3 SLIM** to the test today!

Omega-3 SLIM™	ITEM #	REG PRICE	YOUR PRICE
Single Bottle	OMW10	-----	\$29.99
Buy 3 Get 1 FREE! You Save \$29.99	OMW40	\$119.96	\$89.97

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491

NEW!

Brighten your mood, conquer stress, and release anxiety!

Dr. Williams' new ZemBright Mood™ goes to work fast delivering safe, natural support to boost your mood, combat stress, and alleviate tension.

Zembrin®, the key ingredient in **ZemBright Mood** is the only patented extract of the *Sceletium tortuosum* plant. With a long history of traditional use, the San Bushmen of South Africa have extolled the soothing, calming effects of this local plant for centuries.

They called the plant a “restorative, cheerer of the soul.” And now a patented extraction process has allowed us to produce a standardized, powdered extract that delivers dramatic results.

A double-blind, placebo-controlled study revealed exciting findings—just 25 mg of Zembrin® can quickly:

- **Increase attention**
- **Improve concentration**
- **Keep you focused and motivated**

Plus, it quickly elevates your mood and combats stress, anxiety, and tension, while being completely safe, natural, and non-addictive.

So, why wait? Shed your daily stresses, release anxiety, and take on your day with the focus and energy you need. Order **ZemBright Mood** today.

ZemBright Mood™	ITEM #	REG PRICE	YOUR PRICE
Single Bottle	ZEM10	-----	\$24.99
Buy 3 Get 1 FREE! You Save \$24.99	ZEM40	\$99.96	\$74.97

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491

“I’ve spent years searching for a safe, natural, and effective way to brighten your mood. I’ve taken **ZemBright Mood** myself and I’m thoroughly impressed!”

– Dr. David Williams

SUPPLEMENT FACTS

Zembrin (*Sceletium tortuosum* extract, stem and leaf) 25 mg

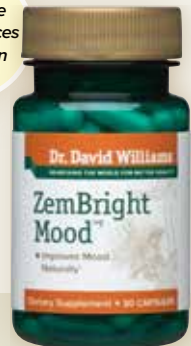
Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silicon dioxide

USAGE RECOMMENDATION:

Take 1 capsule daily.

Zembrin is the exclusive trademark of H&H Pharmaceuticals (Pty) Limited, exclusively distributed in the USA by P.L. Thomas & Co., Inc

One of the
ONLY sources
of Zembrin



Is your melatonin keeping you up at night?

“The clinical studies were shocking. But by taking a much lower dosage of melatonin, you can actually restore your melatonin to youthful levels and sleep better, every night.”

— Dr. Richard Wurtman

As we age, our body's sleep patterns change. But I have great news—a restful night's sleep is just around the corner!

Beyond stress, illness, noise, or the side effects of medications, the number one hidden cause of sleep problems as we age is a steep decline in your body's natural sleep hormone, melatonin.

And as one Harvard researcher was stunned to discover, when it comes to melatonin, less is more. Where many melatonin supplements deliver as much as 5 mg at a time, clinical studies prove that men and women over 50 need just 0.3 mg to get to sleep quickly and easily.

That's why **Sleep Answer**[®] uses cutting-edge “capsule-in-capsule” technology. The outer capsule releases just 0.3 mg of melatonin right when you're ready for bed...then the inner capsule releases another 0.3 mg of melatonin several hours later—assuring that you continue sleeping restfully throughout the night.

**Wake up energized and refreshed.
Never groggy or “fuzzy.”**

“My husband has been taking **Sleep Answer** and it has worked for him since the first night!”

* Results may vary.

—Missy L.*

*Formerly known as Vital Sleep

Sleep Answer ^{®†}	ITEM #	REG PRICE	INTRO PRICE
Single Box	HML10	\$39.99	\$24.99
Three Boxes You Save \$54.98	HML30	\$149.97	\$64.99

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491



SUPPLEMENT FACTS

Melatonin 0.6 mg

Other ingredients: Glycerin, vegetable cellulose, hydroxypropyl methylcellulose, sugar, talc, pharmaceutical glaze, polyvinylpyrrolidone, FD&C Blue Lake #2

USAGE RECOMMENDATION:

Take 1 dual-release capsule nightly, 30 to 60 minutes before bed.

Warning: Do not drive or operate heavy machinery while using this product. Pregnant or lactating women or those who are trying to become pregnant should avoid melatonin.

Maximum prostate protection and peace of mind

Protect your manhood and avoid prostate discomfort and inconvenience.

My exclusive **Healthy Prostate** formula addresses ALL of the issues that can impact prostate health:

- Maintaining normal prostate size
- Promoting normal urinary function and flow
- Reducing late-night urinary urges
- Supporting healthy prostate tissue
- Balancing hormone levels

Healthy Prostate hinges on a potent and proprietary nutrient called HMRLignan™—backed by solid research and clinically designed to promote a healthy balance of testosterone and estrogen levels.

In addition, you get the full clinically researched dose of saw palmetto, plus beta sitosterol and more to ensure healthy urinary flow, prostate tissue, and a healthy sex drive.

Healthy Prostate means NO MORE embarrassment, frustration, and inconvenience. **Order Today!**

Healthy Prostate	ITEM #	REG PRICE	YOUR PRICE
Single Bottle	PRO10	-----	\$29.99
Buy 3 Get 1 FREE! You Save \$29.99	PRO40	\$119.96	\$89.97

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491

“Say good-bye to the embarrassment, frustration, and inconvenience of prostate issues!”

— Dr. David Williams

SUPPLEMENT FACTS

Selenium (as selenomethionine)	200 mcg
Saw Palmetto Extract (berry)	320 mg
Meriva®* Curcumin Phytosome	250 mg
Turmeric Extract (rhizome), Phosphatidylcholine (from soy)	
Beta Sitosterol (from vegetable oil)	60 mg
Norway Spruce Lignan Extract (knot wood) †	30 mg

Other ingredients: Soybean oil, gelatin, glycerin, beeswax, soy lecithin, carob extract

Contains Soy

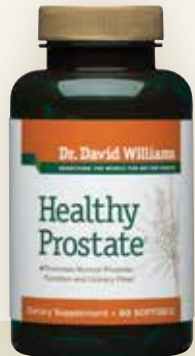
USAGE RECOMMENDATION:

Take 1 softgel twice daily with a meal.

*Meriva® is a registered trademark of Indena S.p.A.
†HMRLignan™ is a trademark of Linnea.

Please note that the effects of **Healthy Prostate** take time to build, so give it a month or two to feel the full benefits.

WARNING: Not intended for use by women.



Say good-bye to gas, bloating, constipation, and indigestion

“My probiotic formulas contain an award-winning delivery system for healthy, comfortable digestion and all-day relief.”

– Dr. David Williams

Fortify your gut with the most powerful, clinically researched solution to digestive health.

Using the patented BIO-tract® delivery system, **Probiotic Advantage®** slowly delivers 7 powerful strains of probiotic—totaling 2 billion live bacteria—through every inch of your digestive tract.

Each strain is backed by rigorous clinical research ensuring complete intestinal coverage—defending the GI tract from free radicals, neutralizing toxins, and keeping everything working smoothly.

SUPPLEMENT FACTS

Proprietary Probiotic Blend 2 billion CFU
L. fermentum, L. plantarum, L. acidophilus, L. rhamnosus, L. salivarius, B. bifidum, B. longum

Fructooligosaccharides (FOS) 25 mg

Other ingredients: Hydroxypropyl methylcellulose, pectin, microcrystalline cellulose, sodium carbonate, silicon dioxide, stearic acid, guar gum, turmeric (color)

Contains Milk

USAGE RECOMMENDATION:

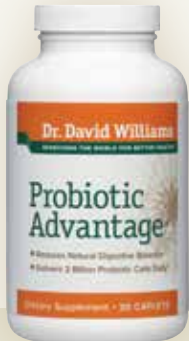
Take 1–2 caplets daily with water prior to any meal. Do not chew or crush.

With BIO-tract®, a patented technology and registered trademark of Nutraceutical, Inc.

That means healthy, comfortable digestion and elimination...without fear of gas, bloating, pain, and indigestion.

So feel the **Probiotic Advantage** difference for yourself. Enjoy all of your favorite foods without sacrificing healthy digestion, regular bowel movements, immune health, and natural energy.

Call today!—order your risk-free supply of **Probiotic Advantage®**



Probiotic Advantage®	ITEM #	REG PRICE	YOUR PRICE
Single Bottle	PAS10	-----	\$24.99
Buy 3 Get 1 FREE! You Save \$24.99	PAS40	\$99.96	\$74.97

Try something new and **SAVE \$10** on your order!

Call Toll Free Today! 1-866-599-9491

ORDERED BY: If shipping address is different from this address, call: 1-866-599-9491

Name _____

Address _____

City _____ State _____ ZIP _____

Daytime Phone Number, please (_____) _____

Very important, in case we need to contact you regarding your order.

Try Something New and...

Save \$10

Use Promo Code: **SAVETEN**

3 Easy Ways to Order

 **1-866-599-9491**
24 hours a day, 7 days a week

 **healthydirections.com**
100% secure online shopping

 **mail:** Healthy Directions
95 Old Shoals Rd
Arden, NC 28704

Page	Product Name	Item #	Price Each	Qty.	Total Price
			\$		\$
			\$		\$
			\$		\$
			\$		\$
SubTotal					\$
Special Savings Opportunity Use Promo Code: SAVETEN					-\$ 10.00
Merchandise Total After Savings					
Sales Tax: IN add 7%, KY add 6%, NC add 6.75%					\$
Low flat-rate shipping and handling*					\$ 6.99
Total					\$

Lock in your savings
and get
FREE SHIPPING
with  **AutoDelivery**
Call now to learn more!

PAYMENT METHOD:

 **ASK FOR SERVICE CODE 220507**

Credit or Debit Card:

Card # _____ Exp. _____

Signature _____

Check or Money Order (payable to Healthy Directions)

Mailing List Preferences: We sometimes make our customer address list available to selected merchants whose products may be of interest to you. If you do not wish to receive these mailings, please write to Healthy Directions, 95 Old Shoals Rd, Arden, NC 28704.

*Shipping is nonrefundable. Shipments typically arrive in home within 5-7 days of order receipt. We do not ship to addresses outside the United States.

Prices valid through November 30, 2013.
Prices supersede prior published prices. Offers in this catalog cannot be combined with other offers.



For Fastest Service, Call Toll Free

1-866-599-9491

24 hours a day, 7 days a week

Our friendly, U.S. operators can answer your questions and help you **SAVE** even more!

100% Satisfaction Guarantee



We stand behind the safety and superior quality of our formulas and want you to be 100% satisfied with your purchase. In fact, we offer one of the industry's most generous guarantees because we want you to feel satisfied that the product is right for you. If for any reason the product does not meet your expectations, simply return it within 90 days for a full refund of the product price. It's that simple. —Healthy Directions Team

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

NEW!

Now arthritis pain, muscle pulls, and more vanish on contact!

Not even arthritis pain can stand up to the pain-relieving power of OxyRub™!

The pain-relieving power of menthol combines with patented, proprietary oxygenated essential oils in every dab of **OxyRub**—working on contact to:

- Dissolve arthritis pain
- Release tense, painful back, leg & neck muscles
- Cool and soothe stubborn bursitis pain
- Relieve everyday bumps, sprains, and bruises

And so much more! Just apply **OxyRub** cream right where it hurts and PRESTO! No more pain!

In a double-blind, randomized, controlled study, **OxyRub** was put to the test against a leading, mainstream menthol-only cream. After 8 days, users reported acute pain decreased by almost 30% compared to just 13.7% in the menthol-only group. **MORE THAN TWICE** the effectiveness of the leading mainstream pain cream!

So why wait? Don't let pain hold you back from the life you love. **Wipe out your pain, on contact.**

“My goal was to create a safe, fast, effective, and affordable pain reliever with no side effects. **OxyRub** accomplishes all of these things!”

– Dr. Joseph Pergolizzi

SUPPLEMENT FACTS

Active Ingredient	Purpose
Menthol (1.25%)	Topical Analgesic

Inactive Ingredients: Bitter Orange Oil, C13-14 Isoparaffin, Caprylhydroxamic Acid, Caprylyl Glycol, Eucalyptus Oil, Glycerin, Laureth-7, Oxidized Corn Oil, Polyacrylamide (1000 MW), Polysorbate 20, Water

USAGE RECOMMENDATION:

Adults and children 12 years of age and older.
Apply to affected area no more than 3–4 times daily.
Children under 12 years of age, consult a doctor.

Pleasant light citrus scent



OxyRub™	ITEM #	REG PRICE	INTRO PRICE
Single Tube	OXY10	\$39.99	\$29.99
Three Tubes You Save \$50.00	OXY30	\$89.97	\$69.97

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