**Feeling panicked? Overwhelmed? Stressed?  
Not anymore!****Regain control in as little as 15 minutes****Learn how this triple-action breakthrough can restore calm  
and put you in control *fast!***

Dear Friend,

Get ready to feel calm, collected, and content.

I have some exciting news that's going to help you say goodbye to feelings of stress and anxiety *for good.*

If you've ever felt anxious or panicky, you know how quickly those feelings can take over.

One minute you're fine—the next, you're fully consumed.

Usually there's no rhyme or reason. It just kind of happens, right?

It starts with a flutter in your heart...or sweaty palms...or a tight, heavy chest...maybe a passing dizzy spell. Then those awful feelings of dread and doom creep in.

"Am I having a heart attack? Am I dying? Gosh, I hate feeling this way!"

No matter how irrational your thoughts might seem after the fact, I know that, in that moment, the world feels like it's going to come crashing down on you.

**Please know that you are NOT alone**

About 40 million American adults live with occasional anxiety—that's nearly 20% of the population.

Some folks are lucky—their feelings of anxiousness are just an annoyance. But for the rest of us, it's horrible. It's like living in constant fear that anxiety is lurking around the next corner, waiting to pounce in and ruin the day.

It's always at the worst possible time—a work meeting, social function, family gathering, in a car or on a plane. Or, perhaps worst of all, while lying in bed at night, waiting to fall asleep.

**Let's face it, *no time* is a convenient time to feel anxious**

But I have good news for you.

No, I have GREAT news for you.

A powerfully amazing discovery that can help you...

**Feel calm, cool, collected, and in charge of your day  
IN AS LITTLE AS 15 MINUTES**

That's right...what I'm about to describe can help...

- **Ensure calm**
- **Dispel feelings of unease**
- **Relieve stress and anxiousness**

In as  
little as 15  
minutes!

In as little as 15 minutes, you'll feel wide awake and mentally alert...yet cool as a cucumber.

Wake up every morning knowing YOU—not your stress—are in charge of your day. Go to bed every night without all of that "brain chatter"—falling asleep quickly and staying asleep soundly.

Best of all, it's *not* some fancy new drug with a giant price tag...

It's not some kind of new-age yoga pose, meditation technique, or breathing exercise...

You'll never feel groggy or fuzzy...it won't make you fat or mess with your stomach ...

**But in as little as 15 minutes, you'll be able to sigh, smile,  
and get on with your day**

It's safe, natural and so discreet, no one but you ever needs to know about it.

I can't even begin to tell you the difference it's made, not only for my patients, but in my own life as well.

I am the founder and medical director of the Center for New Medicine in Irvine, California. One of the largest integrative medical practices in the country.

Despite my successful practice and medical knowledge, I am no stranger to stress and I'm not immune to the challenges of anxiety.

During the earliest days of my medical practice, I realized that there were serious flaws with the mainstream approach to health care. That includes mental health and mood.

I've devoted my career to truly healing and correcting the nutritional imbalances that are often at the root of today's most common health challenges.

I see dozens of patients, every week, many of them very sick, and they're counting on me to help them feel healthy again.

So staying composed, level-headed, and in control of my day is an absolute MUST.

Unfortunately, until very recently, the natural health world had missed the mark when it came to solutions for stress and occasional anxiety.

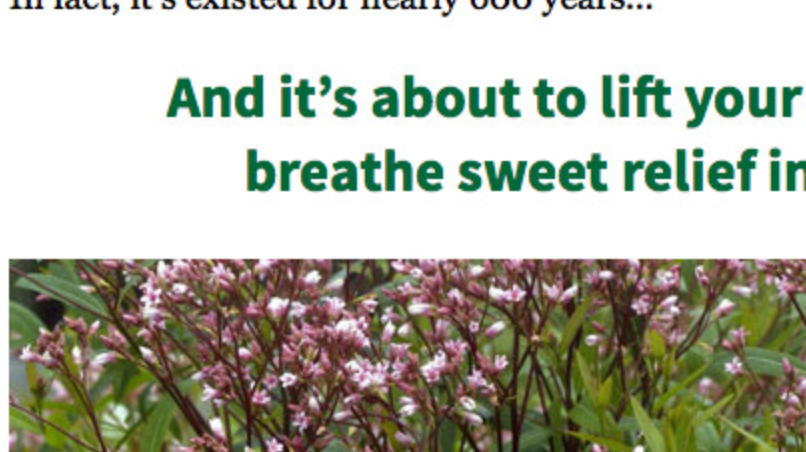
St. John's wort was a big hit a few decades ago, but it makes people overly sensitive to sunlight. It can also interact and interfere with your prescription drugs—and that's just dangerous.

Especially since the goal is to *reduce* your stress.

Kava held some promise until we realized it may cause liver damage...and while 5-HTP works for some folks, it causes nausea and diarrhea for others.

I knew there had to be a better solution. And I was right.

In fact, it's existed for nearly 600 years...

**And it's about to lift your mood, chase off anxiety and  
breathe sweet relief into your days (and nights)**Ancient healers during the Ming Dynasty were the first to write about *Apocynum venetum*, around the 15th century.

This little pink shrub grows throughout China's mid- and northwestern regions and its leaves have been used as a tea for centuries—helping promote calm and relaxation, easing stress and feelings of anxiousness.

And it's no less powerful and effective today.

In double-blind, placebo controlled studies, a potent, proprietary, standardized extract of *Apocynum venetum*, called Venetron®, was shown to help:

- Promote feelings of calm and contentment
- Reduce occasional feelings of anxiety
- Support a restful night's sleep (with less waking in the middle of the night)

Plus, its hefty flavonoid content makes it a potent antioxidant, protecting you against free radical damage and the symptoms of aging.

And a little goes a long way.

In animal studies, the minimum effective dose of Venetron® was 33 times less than St. John's Wort. Making it a far more potent solution.

With NONE of the side effects.

In fact, in safety studies, participants took *triple* my recommended dosage, every day for four weeks, without a single negative side effect.**How's that for some powerful peace of mind?**

Knowing that, in just minutes, you can lift that heavy veil of stress and anxiety—safely and naturally.

Knowing that you don't have to be held prisoner by your stress.

And knowing that you can feel calm, cool, and in control...without worrying about side effects.

**That's why...Venetron® is the "rock star" ingredient in a breakthrough, triple-action, anti-stress formulation called Calm EX.**

And Venetron® would be a godsend all by itself.

But when it's combined with gamma-Aminobutyric acid (GABA), some really wonderful calming benefits begin to happen.

Studies show that GABA, on its own, can help induce relaxation and reduce occasional anxiety.

Especially during stressful tasks.

Think about how nice it would be to take the edge off before an important test or a job interview. While driving through an unfamiliar neighborhood. Before a doctor's appointment or before getting on an airplane.

Best of all...

**In studies, the mind-soothing effects of GABA were felt in as  
little as 15 minutes**

No more wading through ongoing waves of panic—feeling like time's standing still while you're waiting to regain your calm.

No more embarrassment that someone will realize how stressed out you are "below the surface".

No more avoiding stressful events or occasions.

**Just 15 minutes and...aaaaah, sweet, soothing calm and  
relaxation**

It's even been shown to help boost your immune system during stressful situations (as you may know, long-term stress can really give your immune system a beating).

And, like I said, when you combine Venetron® with GABA, things get even better.

A placebo-controlled study showed that the combination helped study subjects fall asleep an average of 4-3 minutes faster...and sleep through the night more soundly.

They also help reduce chemical markers of stress—including the damaging stress hormone cortisol—especially during stressful tasks.

That means...

**Whether stress creeps in on your day...or it keeps you up at  
night...Calm EX has what you need to put your mind at ease**

Feeling anxious can be so draining. It's embarrassing. It can turn even the best of days into a nightmare with barely a moment's notice.

But it's not your fault.

Believe it or not, there are strong genetic correlations that may be working against you.

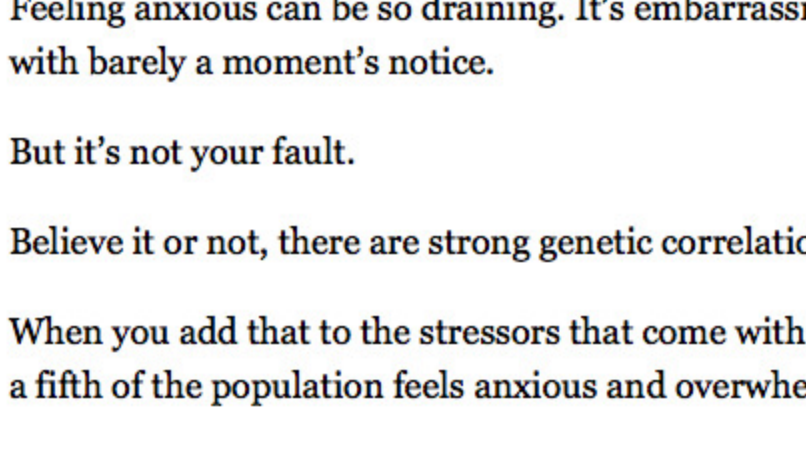
When you add that to the stressors that come with our busy, modern lifestyles, it's no wonder that nearly a fifth of the population feels anxious and overwhelmed.

And when the dust settles and your mind feels "back to normal", it's easy to feel frustrated by how irrational your thoughts were, even just moments ago.

No matter how irrational they may seem after the fact, in the moment, those thoughts and those feelings were real. And now you have a powerful, natural tool to help put them to rest...in as little as 15 minutes.

But there's still more to Calm EX.

Rounding out this triple-action, anti-stress wonder is nature's perfect solution for...

**Turning off the "brain chatter" and quieting your mind so  
you can fall asleep...and stay asleep**

Asian cultures have often used teas for their relaxation effects.

Despite its caffeine content, green tea has a calming, relaxing effect on the mind...without actually making you sleepy or groggy.

And this "magical", mind-quieting effect comes from an important amino acid called L-theanine.

Studies show that L-theanine can help support calmness and concentration.

So, on those days when you would typically feel overwhelmed by your to-do list, L-theanine can help you focus your attention, without losing your cool.

It's *not* a sedative. But it *can* switch off that worrisome "brain chatter" that keeps so many of us awake at night.**That means Calm EX can help you fall asleep once you're ready for bed. But it won't "knock you out" or make you groggy if you take it during the day.**

In fact, it's perfectly ok to take Calm EX if you need it during the day...and then again at night, to help ensure a restful night's sleep.

And studies show that the ingredients in Calm EX work even better when taken consistently over time.

But it's not habit forming...it's completely natural...and comes without a single negative side effect.

So, you can keep one bottle in your purse, on your desk, or on your kitchen counter...keep another on your bedside table.

**So you'll always be armed and ready when stress or anxiety  
rears its ugly head**

From your very first dose of Calm EX, in as little as 15 minutes, you'll...

- Feel the dread lift—replaced by calm and contentment
- Sigh with relief and get back to your social function, work meeting or dinner party
- Turn off the thoughts of your day and drift effortlessly to sleep
- Wake up refreshed knowing that every day will be a *good day*

No matter what you're doing, you'll be able to do it with a clear head, an easy smile, and a positive outlook.

Without ever feeling fuzzy, drowsy, or groggy.

**The natural ingredients in Calm EX go to work fast putting  
you back in charge of your day—guaranteed or it's FREE!**

I know, firsthand, how dreadful stress and anxiety can be.

As a doctor, it is crucial that I maintain a calm, level-headed approach to every single day—every appointment with every patient.

*And I stake my reputation as a doctor on the power, speed, and effectiveness of Calm EX.*

I take your trust very seriously, and I wouldn't put my name on a supplement unless I was sure it is the best of the best.

But I also know that everyone's body, mind, and experience are different.

**So, I'm offering you an extra-long, six-month, 100% unconditional customer satisfaction guarantee.**

If you don't feel the mind-soothing calm...if you aren't approaching each and every day with relaxed confidence...if you aren't sleeping soundly and waking up refreshed.

If you aren't 100% satisfied at any time, for any reason, simply return any unused portion within six months of your purchase date, and we'll send you a prompt and courteous refund of the entire purchase price (less shipping).

**No one should ever feel trapped by their stress or occasional  
anxiety...and now you don't have to**[Just visit this link to try Calm EX for yourself.](#)

Keep a bottle wherever you'll need one—in the office, in your car, on your bedside table—all it takes is one easy-to-swallow capsule and just 15 minutes.

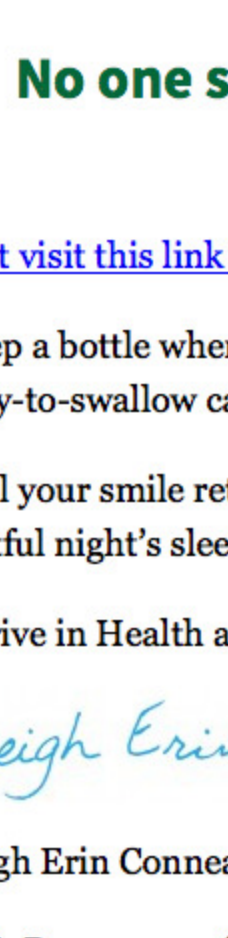
Feel your smile return...approach even daunting tasks with confidence...get peace of mind and enjoy a restful night's sleep. [Order your risk-free supply of Calm EX now.](#)

Thrive in Health and Wellness,

*Leigh Erin Connealy, M.D.*

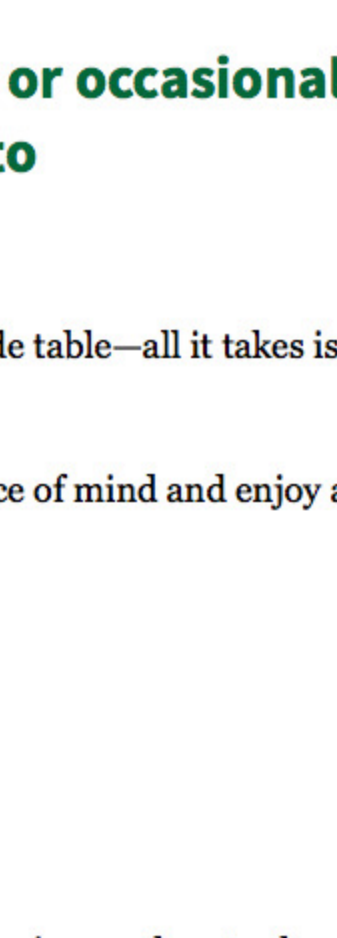
Leigh Erin Connealy, M.D.

**P.S.** Do you ever feel like stress and anxiety are those awful feelings that flutter in your heart...those sweaty palms...a tight, heavy chest, a passing dizzy spell, those awful feelings of dread? **Calm EX can help put all of it to rest, in as little as 15 minutes.** Just one capsule can help lift the doom, restore your calm, and put YOU back in charge of your day. So why be anxious? [Take control and try your risk-free supply of Calm EX today.](#)**Feel calm, cool, and in control now**



**Dr. Leigh Erin Connealy's Newport Natural Health  
100% Satisfaction Guarantee—Or Your Money Back**

At Newport Natural Health, we share Dr. Connealy's commitment to your health and well-being. We want you to be completely satisfied with your purchase. If—for any reason at all—you are not completely satisfied with any of our supplement products, simply return the unused portion, up to 6 full months after purchase, for a full refund of the purchase price, less shipping and handling, with no questions asked.



**TO ORDER BY PHONE, CALL: 800-634-0905**

Reference Code: DEFGS001  
*Please use for phone orders only.*

Newport Natural Health, 121 North Shirk Rd., New Holland, PA 17557

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This product is not intended to diagnose, treat, cure or prevent any disease.