

FREE SHIPPING on orders over \$99

Semi-Annual SALE

Get up to 2 FREE bottles
on all your favorites

Now through August 15, 2017



“Amazing! After a short time, I noticed a difference in my aches and pains....curcumin has made a huge difference in my health.” —Pam, VA
See page 3.



NEWPORT NATURAL HEALTH

1-800-634-0905

newportnaturalhealth.com/catalog



**NEWPORT
NATURAL HEALTH**

Dear Friend,

I just want to extend a very personal thank you for putting your trust in Newport Natural Health products. I know you have a lot of options to choose from, so it means a lot that you've chosen us.

You are the reason my team and I are always on the lookout for new ways of addressing today's most pressing health concerns—heart health, joint discomfort, blood sugar balance, brain health, sexual health, and comfortable digestion, to name a few. Your complete satisfaction is our number one goal and your support is what continues pushing us to do our absolute best.

I also wanted to give you something to make shopping with us again a little easier. See details in this catalog on how you can get up to 2 bottles free.

Thrive in Health and Wellness,

Leigh Erin Connealy, M.D.

Leigh Erin Connealy, MD
Newport Natural Health



Semi-Annual SALE

Get up to 2 FREE bottles



Stock up on your favorites today!

Now through August 15, 2017



You can always order with confidence because every product is backed by our 100% customer satisfaction guarantee. If, for any reason, you are not satisfied with the product, simply return the unused portion up to 6 months after your date of purchase for a full refund (less shipping and handling). It's that simple.

② 1-800-634-0905 • newportnaturalhealth.com/catalog

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Up to 40 times STRONGER than ordinary curcumin

The science is clear, and it's riveting!

Inflammation is at the root of every major joint complaint...and, boy, can you feel it. A side effect of our modern lifestyles and eating habits, research has confirmed that unchecked inflammation is the real culprit behind not only those stiff knees, hips, wrists and fingers, but today's most pressing heart, brain, digestion, and blood sugar concerns as well.

That's why **Curcumin EX Plus** starts with Cavamax® W8, clinically proven to be 40 times more absorbable than ordinary curcumin—one of Nature's most powerful inflammation fighters. Plus the antioxidant power from grapeseed extract and resveratrol, Curcumin EX Plus can help support:

- **Comfortable, limber, flexible joints**
- **A strong heart and a healthy cardiovascular system**
- **Sharp memory and cognitive function**
- **Antioxidant protection against free radical damage**
- **A balanced inflammatory response throughout your body**



“As a lifelong athlete I have noticed better flexibility, less knee pain, and less inflammation overall.”

—James M., TX



“Amazing! After a short time, I noticed a difference in my aches and pains being pretty much gone. I have been holistically inclined for years but curcumin has made a huge difference in my health.” —Pam, VA

Curcumin EX Plus

DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$195.93	\$55.98	\$139.95
Buy 3, Get 1 FREE	\$111.96	\$27.99	\$83.97
1 Bottle = 30 softgels / 30-day supply			\$27.99

FREE SHIPPING on orders over \$99

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Brain & Heart Support



Forget your flawed fish oil

Not all fish oil is equal! New research now shows that DHA fatty acids may have extra advantages so we've included DOUBLE the DHA-rich omega 3 fatty acids to deliver everything you need for a healthy heart, sharp mind, and overall vitality. **Omega-D3** is sourced from sustainable Calamarine® (squid oil) so it's free of heavy metals, fishy taste, and provides a superior EPA to DHA ratio.

Omega-D3 also now includes the pink super nutrient, **Astaxanthin**, which is 40 times stronger than beta-carotene, 100 times stronger than vitamin E, 800 times stronger than CoQ10, and 6,000 times stronger than vitamin C. This powerful combination, along with the complete daily value of vitamin D, makes **Omega-D3** far more superior than most fish oil products on the market today delivering everything you need to help:

- **Promote healthy triglyceride levels**
- **Raise HDL (good cholesterol) levels**
- **Protect your heart and cardiovascular system**
- **Promote comfortable, flexible joints**
- **Sharpen your memory, concentration and focus**
- **Boost your immune system**
- **Infuse your body with lasting, natural energy**



“...I was truly surprised and pleased to notice a difference with the very first dose. I have more stamina, alertness and focus.”
—Gayle M., GA

“It has helped me monitor my blood pressure... We have seen measurable improvements in numerous areas at my yearly check-ups.”
—Harry, Pearl, MS

Omega-D3

DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$139.95	\$39.98	\$99.95
Buy 3, Get 1 FREE	\$79.96	\$19.99	\$59.97
1 Bottle = 90 softgels / 30-day supply			\$19.99

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Power up with this delicious chewable heart fueling & energizing antioxidant

CoQ10 fuels the tiny energy generators in every cell in your body. It's depleted with age or if you're taking a statin drug, resulting in fatigue, muscle weakness, foggy mind, and crummy mood.

Chew Q10 is 300% more absorbable than any other form of CoQ10 today. This powerful fuel is backed by STACKS of clinical research. Replenish your body with just one, delicious, chewable CoQ10 tablet a day to help:

- **Boost your strength, energy and endurance**
- **Protect your heart and cardiovascular system**

Chew Q10			
DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 3, Get 1 FREE	\$119.96	\$29.99	\$89.97
1 Bottle = 60 chewtabs / 60-day supply			\$29.99

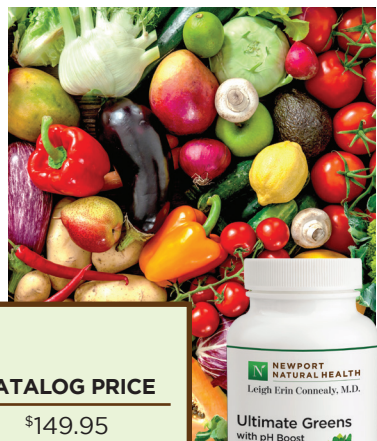
Less than \$15 a month



Get the power of 30 fruits and veggies for more energy, detox, and free radical protection

If you're struggling to eat the recommended servings of 5-7 fruits and vegetables a day, you're not alone. That's why we developed **Ultimate Greens**—a fast, convenient way to pack the energizing, age-defying, antioxidant equivalent of 30 servings of fruits and vegetables into your day to help:

- **Give you an invigorating boost of lasting, natural energy**
- **Support healthy pH levels and reverse the acidosis that can leach vital minerals from your bones**
- **Halt the age-accelerating effects of free radical damage**



Ultimate Greens			
DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$209.93	\$59.98	\$149.95
Buy 3, Get 1 FREE	\$119.96	\$29.99	\$89.97
1 Bottle = 150 vege-caps / 30-day supply			\$29.99

FREE SHIPPING on orders over \$99

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Heart Health



7 heart-protecting nutrients plus a boost of energy

Complete Cardio Solution delivers clinically tested dosages of today's 7 most powerful nutrients that are vital for addressing all of your most pressing heart concerns. Plus a boost of lasting natural energy you can feel. All in just two capsules daily to help you:

- **Drop total cholesterol by up to 15%**
- **Drop LDL and triglycerides by up to 27%**
- **Boost healthy HDL cholesterol by up to 15%**
- **Promote healthy blood pressure levels**
- **Maintain healthy blood vessels and circulation**
- **Boost energy production with a powerful B Vitamin complex**



7 key nutrients for total heart protection

- ✓ **Coenzyme Q10 (120 mg):** powerful antioxidant helps fuel your heart and promote healthy blood pressure levels
- ✓ **Capros® (500 mg):** this Indian gooseberry fruit extract helps control and balance cholesterol, LDL, and HDL levels
- ✓ **L-carnitine (400 mg):** helps shuttle fatty acids into your cells to be turned into fuel
- ✓ **Vitamin-D3 (2,000 IU):** helps regulate heart beat and maintain healthy blood pressure and triglyceride levels
- ✓ **B Vitamins (B6—40 mg, B12—1,000 mcg, Folic Acid—800 mcg):** supports energy production, lowers homocysteine levels, and protects your arteries

Complete Cardio Solution

DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$209.95	\$59.98	\$149.95
Buy 3, Get 1 FREE	\$119.96	\$29.99	\$89.97
1 Bottle = 60 softgels / 30-day supply			\$29.99

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Slash cholesterol levels by up to 28%

Double-blind placebo controlled studies show that the extract of the legendary citrus bergamot can help you:

- **Lower total cholesterol levels by 28%**
- **Drop LDL cholesterol levels by 33%**
- **Lower triglyceride levels by 41%**

Combined with MenaQ7®, a proprietary form of vitamin K2, shown to promote healthy, flexible blood vessels and optimal circulation, **Cholesterol Solution** can help you take on your cholesterol levels and protect your heart.

Cholesterol Solution			
DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$209.95	\$59.98	\$149.95
Buy 3, Get 1 FREE	\$119.96	\$29.99	\$89.97
1 Bottle = 60 capsules / 30-day supply			\$29.99



The 1,000-year-old Japanese secret to healthy blood pressure

What's the secret to great blood pressure? Nattokinase, an ancient, heart-protecting superfood—and a Japanese breakfast staple for more than 1,000 years. Combined with MegaNatural®-BP, a standardized, proprietary form of grape seed extract, Vitamin B6, Magnesium, Quercetin and more... **Complete Blood Pressure Support** delivers clinically studied blood pressure superstars to help ensure:

- **Balanced blood pressure levels**
- **Healthy circulation**
- **Flexible, healthy blood vessels**

Complete Blood Pressure Support			
DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$209.95	\$59.98	\$149.95
Buy 3, Get 1 FREE	\$119.96	\$29.99	\$89.97
1 Bottle = 60 capsules / 30-day supply			\$29.99

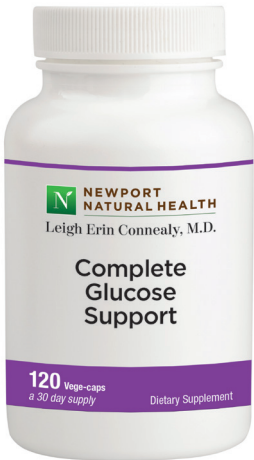


FREE SHIPPING on orders over \$99

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Blood Sugar



Don't be a slave to your blood sugar

You can stop worrying about your insulin levels. **Complete Glucose Support** combines four powerful insulin-balancing nutrients that can help:

- **Support healthy blood glucose levels, both before and after meals**
- **Promote healthy hemoglobin A1C levels**
- **Support healthy glucose disposal and metabolism**
- **Promote healthy insulin function and sensitivity**
- **Manage insulin function twice as effectively as regular chromium picolinate**



“I have been using this for 6 months now....my A1C [has improved by 15%]. Along with diet and exercise, I also lost weight!”
—Mark, TX



4 Blood Sugar Super Stars:

- ✓ **Zychrome®** - this "super" chromium outperformed other chromium compounds in promoting glucose metabolism, and supporting healthy insulin levels and insulin sensitivity
- ✓ **Gymnema Sylvestre** - an ancient herb used in the Ayurvedic system of healthcare to help support blood sugar by promoting glucose reabsorption into the blood.
- ✓ **Berberine** - a natural plant alkaloid with an impressive record for helping promote healthy blood glucose levels—both before and after meals.
- ✓ **Alpha Lipoic Acid** - this potent antioxidant helps to maintain normal insulin sensitivity and healthy insulin function.

Complete Glucose Support

DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$209.93	\$59.98	\$149.95
Buy 3, Get 1 FREE	\$119.96	\$29.99	\$89.97
1 Bottle = 60 veggie-caps / 30-day supply			\$29.99

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Maintain top-notch mental function

Three of Nature's most potent brain boosters infuse your mind and body replacing that mental fog with crystal clarity...you'll feel sharper and on top of your game. **Advanced Memory Solution** ensures you'll have a lifetime of confident, independent living.

Advanced Memory Solution			
DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$209.95	\$59.98	\$149.95
Buy 3, Get 1 FREE	\$119.96	\$29.99	\$89.97
1 Bottle = 60 vege-caps / 30-day supply			\$29.99



Restore calm and relieve stress

No one should ever feel trapped by their stress or anxiety... and now you don't have to. The safe, soothing, natural ingredients in **Calm EX** go to work *in as little as 15 minutes* to ensure calm, dispel feelings of unease, and relieve stress quickly and safely. You'll feel mentally alert, yet cool as a cucumber.

Calm EX			
DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$174.93	\$49.98	\$124.95
Buy 3, Get 1 FREE	\$99.96	\$24.99	\$74.97
1 Bottle = 30 capsules / 30-day supply			\$24.99



Get a full night's sleep

If you're falling asleep but still waking up at 2:00 or 3:00 in the morning, we have the solution for you! Unlike most melatonin products, **Slow Release Melatonin** is formulated with calcium which allows the melatonin to release slowly over time so that you can sleep peacefully throughout the entire night. Take it 30 minutes before your bedtime, and wake up refreshed, energized, and never groggy.

Slow Release Melatonin			
DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 3, Get 1 FREE	\$63.96	\$15.99	\$47.97
1 Bottle = 90 tablets / 90-day supply			\$15.99

Less than \$6 a month



FREE SHIPPING on orders over \$99

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Beauty & Weight Loss



“People have noticed that my skin has a glow...I’m 62 years old and this is a game-changer for my skin. I highly recommend you try it!!”
—Dottie, CA

Erase wrinkles for youthful looking skin

Rejuvan-All is a research-based, youth-restoring nutrient-dense solution that helps repair damage from the inside to help tighten sagging skin and promote elasticity for a smoother appearance. It includes the youth-elixir combination of Verisol® bioactive collagen peptides, astaxanthin, and beta-carotene. In as little as 6 weeks you may begin seeing up to:

- 50% fewer wrinkles
- 50% more moisture and skin elasticity
- 40% improvement in smoothness



Rejuvan-All			
DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$349.95	\$99.98	\$249.95
Buy 3, Get 1 FREE	\$199.96	\$49.99	\$149.97
1 Bottle = 120 capsules / 30-day supply			\$49.99

The “un-diet” decadent shake that helps you lose weight fast

Simply drink this sweet, delicious, vanilla shake, before your biggest meal, and starting from day one, you will naturally eat less, without feeling hungry. **ProTrim’s** combination of high-quality protein and soluble fiber will help you feel full sooner and stay satisfied longer, without living on kale salads and stale, flavorless rice cakes. Watch those extra pounds melt away fast and your cravings disappear..

Delicious, vanilla-flavored shake

- No counting calories or pounding pavement
- No expensive pre-fab meals, meetings, or check-ins
- 5g of fiber and protein per serving



Only \$19.99 a month			
ProTrim			
DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 3, Get 1 FREE	\$153.96	\$39.99	\$119.97
1 Bottle = 60 scoops / 60-day supply			\$39.99

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Say g'bye to bloating, gas, constipation and indigestion

In less than 15 seconds, over 10 billion good bacteria get to work to help ease painful bloating and gas...stop straining to "go" every morning... and ensure smooth bowel movements. Begin your day with super-charged energy, a powerful immune system, and great gut health.

Less than \$13 a month

Probiotic with FOS

DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 3, Get 1 FREE	\$99.96	\$24.99	\$74.97
1 Bottle = 60 vege-caps / 60-day supply			\$24.99



Don't let painful heartburn and acid reflux keep you up at night

If you're tired of waking up, burping fire, **Heartburn Re-leaf** is the natural, lasting, solution you're looking for. Clinically proven to be effective for preventing painful stomach acids from sloshing back up your throat when you sleep. Plus, added support to help you fall asleep and stay asleep.

Heartburn Re-Leaf

DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$174.93	\$49.98	\$124.95
Buy 3, Get 1 FREE	\$99.96	\$24.99	\$74.97
1 Bottle = 30 vege-caps / 30-day supply			\$24.99



Banish your seasonal allergy symptoms

Get relief for all of your seasonal, year-round, indoor or outdoor allergy symptoms, starting *in as little as 15 minutes!* No matter what triggers your allergy symptoms, **Breathe EZ** is a tasty, vanilla-flavored tablet that slowly dissolves in your mouth helping you breathe easier, through clear, open nasal and sinus passages while helping you avoid itchy, watery eyes, a scratchy throat, and more!

Breathe EZ

DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$174.93	\$49.98	\$124.95
Buy 3, Get 1 FREE	\$99.96	\$24.99	\$74.97
1 Bottle = 60 chewtabs / 30-day supply			\$24.99



FREE SHIPPING on orders over \$99

11

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Feel new levels of drive, endurance, and confidence for amazing sex

Total Male Forté is a powerful natural way to roll back the clock on your sexual prowess—by 10, even 20 years—transforming your sex drive, energy, and endurance in ways you thought were gone.

Jaw-dropping research shows that an extract from the roots of one ancient Indian shrub can **boost your testosterone levels by more than 130% in as little as 8 weeks.** That means, not only more strength, more energy and more endurance, but...



“My workouts are easier to do and this product has enhanced my sexual performance. I am very satisfied with this product and would greatly recommend it to my friends.”
—James S., TX

- **Lasting, spontaneous erections—** whenever the moment is right
- **Heightened sexual arousal—** morning, noon or night
- **More drive, desire and endurance for “repeat performances”**
- **The mind-blowing sex you thought was gone with your 40s**



Total Male Forte

DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$209.93	\$59.98	\$149.95
Buy 3, Get 1 FREE	\$119.96	\$29.99	\$89.97
1 Bottle = 90 tablets / 30-day supply			\$29.99

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Halt night-time urination, embarrassing “dribbles,” and uncontrollable urgency

For a tiny, little, walnut-sized gland, your prostate can stir up an awful lot of trouble. But studies show this rare, ancient Chinese herb, can help ensure **YOU stay in control of your prostate health.** In as little as four weeks, Ling Chih® (reishi mushroom), the key ingredient in **Prostate Plus**, can help you...



- **Sleep soundly without disruptive, late-night trips to the bathroom**
- **Empty your bladder more fully, with a strong stream and no embarrassing “dribbles”**
- **Control the urge to “go” whether you’re in the car, at the movies or at the dinner table**
- **Start going without straining...and finish fully, without the slightest twinge of discomfort**

Plus, we’ve added Saw Palmetto extract, PhytoPin® plant sterols, and pygeum extract... all working together to help you live with more comfort and confidence.



“There is absolutely no question about the improvement I saw. Even my doctor was impressed. Within 2 weeks of taking Prostate Plus, I noticed a difference...I am convinced that men should start taking this product at age 50 because it will help them avoid these problems in the future.” —Dan C., WI

Prostate Plus

DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$209.95	\$59.98	\$149.95
Buy 3, Get 1 FREE	\$119.96	\$29.99	\$89.97
1 Bottle = 30 softgels / 30-day supply			\$29.99

FREE SHIPPING on orders over \$99

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Miracle nutrient halts joint destruction for lasting comfort

Six successful human clinical trials prove that the star nutrient in **Joint Renewal** beats the pants off glucosamine and chondroitin by as much as 233%. Those mainstream standbys only cover up pain and temporarily relieve inflammation. The UC-II Collagen in **Joint Renewal** is different. It works to halt the ongoing damage, defeating the root causes of inflammation and helps the body build healthy new cartilage for healthy joints.

That means, in no time at all, you'll be able to...

- **Get up in the morning with ease, comfort and flexibility**
- **Walk up or down the stairs without so much as a twinge**
- **Write a letter, button your shirt, and reach your shelves without a grimace**
- **Stoop down to plant flowers, pull weeds, even pick up the morning paper without soreness**

But that's not all. We've also added Cavamax W8® which is 40 times more absorbable than ordinary curcumin which helps balance inflammatory response for fast relief from joint discomfort and stiffness while improving your flexibility and movement.



“Joint Renewal has increased my mobility and reduced my pain.”
—Donald M., Cazenovia, NY

“After starting Joint Renewal... my mobility has improved greatly...I have almost no pain in my left knee... Now taking the stairs is a breeze!”
—Elaine R., Toronto, ON

Joint Renewal

DESCRIPTION	REG. PRICE	SAVE	CATALOG PRICE
Buy 5, Get 2 FREE	\$209.93	\$59.98	\$149.95
Buy 3, Get 1 FREE	\$119.96	\$29.99	\$89.97
1 Bottle = 30 vege-caps / 30-day supply			\$29.99

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100% Satisfaction Guaranteed



You can always order with confidence because every product is backed by our 100% customer satisfaction guarantee. If, for any reason, you are not satisfied with the product, simply return the unused portion up to 6 months after your date of purchase for a full refund (less shipping and handling). It's that simple.

PRODUCT NAME	QUANTITY	PRICE

SHIPPING POLICY:
 FREE shipping on orders over \$99. For all other orders, add \$6.95.

Subtotal	\$
Shipping & Handling	\$ 6.95
TOTAL	\$

Name: _____

Address: _____

City/State/Zip: _____

Credit Card Number: _____

Exp. Date: ___/___/___



3 easy ways to order:

800-634-0905

newportnaturalhealth.com/catalog

Please send order form with payment to:
 Newport Natural Health
 15 Boulden Circle, Suite 200
 New Castle, DE 19720

REMEMBER TO USE YOUR COUPON CODE.
 See back cover →



FREE SHIPPING on orders over \$99 (15)

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Get complete heart protection starting today!



FREE SHIPPING on orders over \$99

Presorted Standard
US Postage
PAID
Permit No. 425
Southern, MD



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NATURAL HEALTH
15 Boulden Circle, Suite 200
New Castle, DE 19720

Coupon Code